

Food and Home Assistance in Tuscaloosa (v. 6/20/2023)

THIS IS SUBJECT TO CHANGE. Always call ahead or check social media to confirm services and times.

Who	Where	When
Food/groceries, clothing, household supplies		
Canterbury Episcopal Chapel – Deacon’s Deli	812 5 th Ave. 205-345-9590	Tuesdays 7-8 AM Walk-in NEED TO CONFIRM
Catholic Social Services of West AL	608 James Harrison Jr. Pkwy 205-759-1268	Mon-Thurs 9 AM-4:30 PM Must call ahead
Coaling Baptist Church	11209 Hagler Coaling Rd. (Coaling) 205-556-2775	Sundays 3-4 PM (fresh produce as available) 3 rd Thursdays (regular pantry) Walk-in
Coker United Methodist Church	14992 Hwy 140 (Coker) 205-339-5813	3 rd Fridays 10 AM-until Must register with church office
Feed My Sheep/ Tracy Dent Foundation	15591 Thomas Chapel Rd (Coaling) dentcct@aol.com	Mondays 9-11 AM Walk-in
Grace Presbyterian Church	113 Hargrove Road 205-758-1193	Emergency food bags: Tues-Fri 9 AM-5 PM (walk-in) Full food pantry: 2 nd Tuesdays 11 AM-1 PM Drive-thru, can register onsite
Hope City Church	3800 Univ. Blvd E. 205-469-9575	1 st & 3 rd Saturdays 8 AM Walk-in NEED TO CONFIRM
Pleasant Grove Baptist Association	16995 Waldon Pond Rd. (Brookwood) 205-620-0736	Mon-Thurs 9:30 AM-Noon Walk-in Must show proof of income and address NEED TO CONFIRM
St. Matthias Episcopal Church	2310 Skyland Blvd E 205-553-7282	3 rd Sundays 9-11 AM - Free bags of beans and rice Walk-in
St. Paul United Methodist Church	2119 Bryant Dr. 205-758-5858	3 rd Saturdays 9 AM-until Walk-in
West Alabama Food Bank	*being relocated* 205-333-5353	Must call ahead
Wings of Grace	3101 Alabama Ave E 205-759-1039	Thursdays 8:30 AM-12:30 PM Walk-in

Free hot meals		
Community Soup Bowl	1711 23 rd Ave. 205-752-2421	Mon-Sat 11:30 AM-12:30 PM Walk-in
E Tusc. Community Soup Bowl	Druid Hills UMC 4001 University Blvd East	Wednesdays & Fridays Noon-1 PM Walk-in
Forest Lake United Methodist Church	1711 4th Ave. In the Fellowship Hall 205-758-6667	Wednesdays 5-6 PM Must call by Tues Noon to reserve. Free for children under 18 and college students; small charge for adults (no limit to how many children eat free per adult)
Hope City Church	3800 Univ Blvd E In the Fellowship Hall 205-469-9575	2 nd Saturdays 7:30-9:30 AM Walk-in *take-out available
Valley Community Church	14608 Romulus Rd. (Coker) 205-409-6101	4 th Thursdays 5:30-6 PM Walk-in Supper followed by devotional, free shopping in Upper Room Closet
Assistance with bills, referrals for social services		
Christian Ministry Center	Tuscaloosa Co. Baptist Association 3880 Watermelon Rd (Northport) 205-752-8399	Mon, Wed, Thurs 8-10 AM Referrals from a church or agency only. Show photo ID, SSNs for family members, proof of income. Limit 1 visit per 90 days per family
Christ Episcopal Church	205-758-4252	Must call ahead
Community Service Programs of West Alabama	610 Black Bears Way 205-752-5429	Mon-Thurs, 8 AM-5 PM Fridays 8-Noon Walk-in or call ahead
Legal Services of Alabama	866-456-4995	Call to schedule free legal consultation
Love, Inc.	238 McFarland Blvd. (Northport) 205-614-2849	Online intake form at loveinctuscaloosa.com or call
Salvation Army	2902 Greensboro Ave. 205-632-3691	Must call ahead
Temporary Emergency Services	1705 15 th St. 205-758-5535	Tues & Thurs 9 AM-3PM Walk-in or call ahead Limit 1 visit per every 3 months
United Way of West Alabama	Call 211	Call for intake appointment or referrals to other agencies
UA Law Clinic	Domestic Violence: 205-348-7921 General: 205-348-4960	Call to schedule free legal consultation

Other		
Bottoms Up Diaper Bank	Various locations/times – clients may pick up 20-40 diapers per month per child, as well as wipes and cream (as supplies last)	Fill out membership form at: https://bottomsupdiapers35.org/ Follow on social media for times and locations No income requirement
Good Samaritan Clinic	Primary health and dental clinic; information and referrals for low income and medically uninsured	Tuesdays & Thursdays 9 AM – 4 PM Wednesdays 9 AM – Noon 3880 Watermelon Road Northport, AL 35473 205-343-2212
People's Loan Program	Non-predatory loans to assist with essential needs, such as utilities or rent. There are no late fees, and the monthly pay back rate is determined on a case-by-case basis	https://peoplesloanprogram.org/ 205-614-1789
Turning Point	Free services to survivors of domestic violence and sexual assault	24/7 crisis line: 205-758-0808
Tuscaloosa Metro Animal Shelter	Drive-thru pet food pantry, dates/times and location vary	Follow TMAS on social media or call (205) 752-9101